



# Ravenswood Medical Practice

24 Hening Avenue, Ipswich, Suffolk, IP3 9QJ Telephone: 01473 271122 Website: [www.ravenswoodmedicalpractice.co.uk](http://www.ravenswoodmedicalpractice.co.uk)



## Missed Appointments

- In April **179** appointments were wasted due to DNA's.
- In May **178** appointments were wasted due to DNA's.
- In June **145** appointments were wasted due to DNA's.

**If you are not able to attend your appointment, please call the practice to re-schedule or cancel.**

## Positive Patient Feedback

"I moved to this practice 3 months ago. On every contact whether it be reception or GP, I have found it to be helpful and positive. I saw a GP today who was so helpful, patient and very thorough, putting my worries at ease"



## Do more with the NHS App!



- 📄 Order repeat prescriptions
- 📞 Use NHS 111 online
- 📍 Find NHS services
- 👁️ View your GP health record
- 📅 Book appointments
- ✉️ Get reminders and messages

And much more...

Need help?  
Get support in the app or visit [nhs.uk/helpmeapp](http://nhs.uk/helpmeapp)



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## SOCIAL PRESCRIBING

### Connect for Health



What is Social Prescribing?

Social Prescribing is known as "Connect for Health"

It enables GP's, nurses and other primary care professionals to refer people to a range of local, non-clinical services.

**CONNECT for health**

Being Well Together

Connect for Health particularly works for a wide range of people, including those:

- with one or more long-term conditions,
- who need support with their mental health,
- who are lonely or isolated, who have complex social needs which affect their wellbeing.



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## ★ PATIENT PARTICIPATION GROUP ★

Our Patient Participation Group (PPG) meets at the practice on a regular basis.

It is intended to provide an opportunity to further patient services by encouraging a better understanding of the work of the practice.

Participation is on a voluntary basis and light refreshments are provided. Anita Burgess and other members of the practice including the GPs will also be in attendance as appropriate.

**Our Patient next Patient Participation Group meeting is scheduled for:**

**Wednesday 7th August 2024 at 3pm**



### A snippet into what Ravenswood Medical Practice did in June...

**Appointments booked: 8572**

**Number of new registrations: 96**

**Number of repeat prescriptions issued: 4180**

**Number of Cervical Smears the Nurses did: 39**



### HAYFEVER

There are millions of hayfever sufferers in the UK.

The pollen season generally has three main pollen type phases:

- **Tree pollen – late March to mid-**



### PHARMACY FIRST

Most pharmacies can help you with seven common conditions without needing a GP appointment.



Speak to your pharmacist if you suspect you have:

- ⇒ **Sinusitis** (adults and children aged 12 years & over)
- ⇒ **Sore throat** (adults and children aged 5 years & over)
- ⇒ **Earache** (children aged 1 to 17 years)
- ⇒ **Infected insect bite** (adults and children aged 1 year & over)
- ⇒ **Impetigo** (adults & children aged 1 year & over)
- ⇒ **Shingles** (adults aged 18 years & over)
- ⇒ **Urinary tract infection** (woman, aged 16 to 64 years)



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## Did you know that we offer the below clinics?

### Antenatal Clinic

Our antenatal clinics are run by midwives at the surgery. We offer shared antenatal care between the midwife and the doctor. Sometimes patients will need to be seen in hospital too.



### Cervical Screening

This will normally be carried out by the practice nurse. All patients are written to from the Cervical Screening Service with the result as soon as this is available - usually about 4 to 6 weeks but this varies from time to time.



### Breast Screening

All women will be called for screening between the ages of 47 and 70, with the first screen being before the age of 50, usually in the year they become 48. Routine Breast Screening examinations are held at Ipswich Hospital.



### Family Planning Clinic

An evening clinic is held every Tuesday from 18.30 – 20.00 and is run by a GP and the practice nurses. However, patients may book in with any of the doctors or nurses at other times during the week.



### Long Term Conditions

We now have a clinic for patients to be seen by the practice nurses to review your long term condition. These conditions include Hypertension, Asthma, Diabetes, Coronary Heart Disease, Stroke and Kidney Disease.



### Physiotherapy

Our physiotherapist works every Tuesday, please contact reception to book an appointment.

